

EL PALACE

BARCELONA 1919

 **MAYAN**
L U X U R Y S P A



El Palace, Barcelona launches Mayan Luxury Spa **Where mind, body and soul come together ...**

June 2011 - Barcelona's beautiful iconic Belle Époque hotel, [El Palace](#), has just opened the Mayan Luxury Spa - the final part of a €20 million refurbishment.

Inspired by Mayan culture, the new Mayan Luxury Spa uses traditional Mayan treatments together with products from the prestigious French beauty range, Anne Sémonin, for an unforgettable experience. El Palace is the first hotel in Europe to house a detoxifying Temazcal Mexican sweat lodge, a Pre-Hispanic Sauna. The word temazcal comes from the word *temazcalli*, meaning "house of heat". In ancient times it was used as part of a curative ceremony thought to purify the body, for healing the sick and improving health. Volcanic stones are heated inside the sauna's dome whilst aromatic steam from medicinal herbs purify the body and relax the mind.

To extend the experience, guests can opt for '**The Mayan Rebirth Ritual**'. This is a spiritual healing ceremony led by a shaman, performed inside the Temazcal, which brings together the four basic elements: Earth, Air, Water and Fire for this sacred Mayan Ritual combined with Mayan native sounds.

Juan Valls, General Manager of El Palace, says: "César Ritz who opened the hotel in 1919 would be proud of the vision and courage of El Palace's refurbishment and its latest addition of The Mayan Luxury Spa which stays true to his philosophy that a grand hotel is more than just somewhere to stay, it should be a place that asserts itself with confidence and pride at the heart of its city. We are very proud to be partnering with the Mayan Spa, which offers the same high standards and services as we do."

Facilities at the Mayan Luxury Spa include: 4 treatment rooms, Temazcal (pre-Hispanic sauna), chromotherapy shower, relaxation area, manicure and pedicure. Tailor made treatments have been designed especially for the Mayan Luxury Spa. Top treatments include the following: (for a full spa menu please visit the [website](#))

Mayan Ultimate Luxury Journey 3h 30 min

Taking place in the VIP cabin of the spa, the pampering begins with 10 to 20 minutes in the Temazcal followed by a Sensations shower with chromotherapy and a Black Sand Body Scrub - using Anne Sémonin products - that will leave skin exceptionally silky and youthfully radiant. Afterwards, a relaxing hydrotherapy treatment, tropical fruit-break, and a Mayan Luxury Signature Ritual leave guests feeling healthy and calm

TUUKUL - Mayan Holistic Massage 50 / 80 min

Full body relaxing massage combined with essential oils and serums to reduce stress. A journey starting with the local Mayan Culture's rituals and sounds to re-establish the body's natural balance

Mayan Signature Caribbean Seashells & Silk Ritual 1h 25 min

Capture the healing power of the Caribbean Sea with a beautiful seashells massage. Starting with a luxurious silk wrap that will hydrate and nurture your skin, then the seashells will gently calm stress and tension with their smooth surfaces and contoured shapes.

- Ends -

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Notes to editors:

El Palace Barcelona is part of the Husa Hotels group and a member of The Leading Hotels of the World. Husa Hotels, a division of the Husa Group, a family-owned company with 80 years tradition in owning and managing hotels. With more than 130 hotels in Spain, Andorra, Belgium and Morocco, Husa Hotels are leaders in Barcelona's 5 hotel segment, with the recently renovated El Palace, urban resort Hotel Rey Juan Carlos I and newly acquired boutique properties Gran Hotel La Florida and Hotel Miramar Barcelona, all part of its portfolio. The company's fourth generation management team, the Gaspart family, also runs a catering emporium, Prats Fatjó, with offices in Barcelona, Madrid and Valencia. Husa is due to open eleven 4 and 5 star properties in the coming year, in destinations such as Berlin, Fez and Rabat in Morocco and Isla Valdecañas, a unique golfing resort near Cáceres, Spain - www.husa.es*